

Price List

1 Month Membership							
	Sessions Per Week	Discount	Price per Session	Total			
	1	-	£40	£160			
	2	-	£40	£320			
	3	-	£40	£480			

Includes:

- 24/7 Support
- Tailored Fitness Assessment
- Weekly Exercise Plan

2 Month Membership							
	Sessions Per Week	Discount	Price per Session	Total			
	1	6%	£37.50	£300			
	2	6%	£37.50	£600			
	3	6%	£37.50	£900			

Includes:

- Monthly Fitness Assessment
- 24/7 Support
- Monthly Exercise Plan & Goal Targeting
- Bodyfat Skinfold Analysis (optional)
- 2 x Weekend Bootcamp Classes

3 Month Membership							
	Sessions Per Week	Discount	Price per Session	Total			
	1	10%	£36	£432			
	2	10%	£36	£864			
	3	10%	£36	£1296			

Includes:

- Monthly Fitness Assessment
- Monthly Exercise Plan & Goal Targeting
- 24/7 Support
- Bodyfat Skinfold Analysis (optional)
- 4 x Weekend Bootcamp Classes